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## MORTALITY DUE TO LEUKEMIA IN THE POPULATION OF CHIAPANECA DURING 2015-2019

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**Abstract:** Leukemia in adults was the fifteenth most diagnosed cause of cancer and the eleventh leading cause of cancer mortality in the world in 2018. In Mexico, for 2019, the National Institute of Statistics, Geography and Informatics (INEGI) reported that mortality leukemia was 5,130 deaths, with 4.1 per 100,000 inhabitants, occupying the 8th place within the main causes of mortality for this group.

**Goal:** Identify the sociodemographic characteristics of people who died from leukemia in Chiapas, Mexico in the period 2015-2019.

**Method:** Descriptive, cross-sectional and retrospective study. The sample corresponded to the deaths that occurred and were registered in the general population of Chiapas, Mexico. Information from the General Directorate of Health Information was used during the period 2015-2019.

**Results and conclusions:** 54.6% of deaths were men. Mortality by age in children under 10 years and in the 56-65 age group is higher in women, unlike the 11-20 age group and 66 years and over, where the trend is towards men. The most frequent type was acute lymphoblastic leukemia (ALL) unlike what was reported in other countries. Most of the deceased were affiliated with some health service, had medical assistance and had some degree of basic education. There was an increase in the years 2018 and 2019 in each of the types.

**Keywords:** Leukemia, mortality, Chiapas, sociodemographic characteristics.

## **INTRODUCTION**

Leukemia is a neoplasm originated from primitive blood-producing cells, frequently from white blood cells, whose main function is to fight infections; growing and dividing in an organized way depending on the external stimuli to which the human body is exposed.

People with excessive production of abnormal white blood cells develop leukemia. (Juliusson, 2016)

“Leukemia is the most common cancer and the leading cause of death in children aged 0 to 14” (Namayandeh et al., 2018). In 2018, 65,111 (32.5%) cases of leukemia were registered in the world out of a total of 200,166 cases of cancer in children between 0 and 14 years of age. Worldwide, reported cancer mortality was 74,956 deaths in children 0 to 14 years of age, of which 29,241 (39%) were due to leukemia. (Namayandeh et al., 2018)

Mexico continues to present an increase in cases of leukemia in children, despite technological advances in medicine, it has not been able to reduce mortality from this disease; even among Latin American countries it represents the country with the highest death rate (Aguilar, 2016). In the year 2010-2014 in Canada, the United States and the United Kingdom, the incidence rates of leukemia in children under 16 years of age are 5.8, 4.6 and 4.0 per 100,000 inhabitants/year, respectively, while in Guadalajara, Jalisco it was 6.4 cases per 100,000 inhabitants/year. (Tlacuilo et al., 2017)

Adult leukemia was the 15th most commonly diagnosed cause of cancer and the 11th leading cause of cancer mortality worldwide in 2018. (Bispo et al., 2019)

In 2019, the National Institute of Statistics, Geography and Informatics (INEGI) reported that mortality from leukemia in Mexico was 5,130 deaths, with 4.1 per 100,000 inhabitants, ranking 8th. An increase in mortality with respect to age is observed, occupying first place in the group of children under 5 years of age and eleventh in the group of 70 years and over of malignant neoplasms. (Blutitude, 2022)

In a study carried out in 2016 worldwide based on 29 specific groups of cancer, it was reported that the incidence rate of leukemia

was 269,000 men and 197,000 women; Regarding mortality, it was 180,000 men, 130,000 women (Fitzmaurice et al., 2018), coinciding with another similar study carried out in 2018 based on 36 types of cancer, where it mentions that the age-standardized incidence rate in men was 6.1/100,000 inhabitants, likewise mortality was higher in men with 4.2/100,000 inhabitants. (Bray et al. 2018). The finding of predominance in the male sex was also reported in studies carried out in: Brazil (Gouveia, 2020), the United States (Siegel, 2017), South Korea (Jung, 2014) and China (Li, B., 2020).

Risk factors for leukemia include radiation (therapeutic, occupational, and wartime), chemotherapy, family history, chemical exposures (eg, residential and occupational), lifestyle factors such as smoking (Bispo et al., 2019), syndromes and genetic abnormalities such as Down syndrome (Seth, 2015). In studies carried out in Canada and the United States, they mentioned other risk factors such as socioeconomics and access to health care (Bhatia et al., 2002, as cited in Boonhat, (2020), which reflects the limited diagnostic infrastructure; availability of medical facilities that support morphological, immunohistochemical and cytogenetic profiles (Bispo et al., 2019). In a study based on 57 institutions in Mexico from 2007-2015, it was observed that the average treatment abandonment rate was 10% however, institutions in the southern states of the country presented 25-50% (Rivera-Luna et al., 2017). Another risk factor is obesity, which is associated with lower survival rates in high-income countries and malnutrition in low- and middle-income nations (Barr, 2016; Saraiva et al., 2018).

## GOAL

To identify the sociodemographic characteristics of patients who died from leukemia in Chiapas, Mexico in the period 2015-2019.

## METHODOLOGY

A cross-sectional and descriptive study was carried out. The sample corresponded to all deaths caused by leukemia in Chiapas, Mexico, during the period 2015-2019. The data were obtained from the mortality records in the corresponding years, compiled and published by the General Directorate of Health Information (DGIS). These were selected according to the following variables: municipality of registration, socioeconomic zone, year of occurrence, type of leukemia, sex, entitlement (affiliation with health services), schooling, medical care, and occupation.

The database and the statistical analysis were processed in the SPSS version 26 program.

## ETHICAL CONSIDERATIONS

As it is a review of data obtained from a public source, in accordance with the Official Mexican Standard 012, the request for informed consent is not necessary.

The project was approved by the Bioethics Committee of the Faculty of Human Medicine Dr. Manuel Velasco Suárez, Campus II, UNACH.

## RESULTS

Mortality in Mexico during the 2015-2019 period was 3,471,682, of which 135,776 (3.91%) occurred in Chiapas and of these 1,773 (1.30%) were due to leukemia (Tables 1 and 2).

54.6% (968) of the deaths were men and 45.4% (805) women (Figure 1).

Regarding mortality by sex and age, it was

observed that in children under 10 years of age and in the 56 to 65 age group it was higher in women, unlike the 11 to 20 and 66 and over group, where the trend is towards men (Figure 1).

The minimum age recorded was two months old and the maximum was 100 years. The mean age was 44.81 with a standard deviation of 25.94. The age group that presented the highest mortality was in children under 10 years of age with 217 (12.3%) cases, followed by 141 (8%) cases from 56 to 60, 124 (7%) from 16 to 20, and 120 (6.8%) from 11 to 15 (Figure 1).

It was observed that the most frequent types of leukemias were: acute lymphoblastic leukemia (ALL), unspecified non-Hodgkin lymphoma, unspecified leukemia, acute myeloblastic leukemia (AML), multiple myeloma, and unspecified Hodgkin lymphoma (Table 3).

Regarding entitlement, 1,204 (67.91%) had affiliation to some health service, while 321 (18.1%) had none (Figure 2).

Most of the deceased had medical assistance (80.3%), while the rest lacked it or did not specify.

The predominant educational level in the population had some degree of primary education, 40.72% (722); without schooling, 19.40% (344); complete high school, 11.56% (205); professional, 8.57% (152); unspecified, 4.17% (74) and completed high school or high school, 4.06% (72).

According to the behavior of leukemias during the years of study, there was an increase in the years 2018 and 2019 in each of the types (Figure 4).

The socioeconomic zones with the highest number of deaths are the metropolitan area, Soconusco, Altos Tzotzil Tzeltal, and the Comiteca plateau.

Regarding occupation, the first three categories were "does not work", "other

	2015	2016	2017	2018	2019	TOTAL
<b>MEXICO</b>	654,593	684,437	693,848	704,803	734,001	3,471,682
<b>CHIAPAS*</b>	26,519 (4.05%)	26,691 (3.90%)	26,986 (3.89%)	27,263 (3.87%)	28,317 (3.86%)	135,776 (3.91%)

Table 1: Mortality in Mexico and Chiapas

Source: Prepared from the 2015-2019 DGIS Database.

\* Percentage of mortality with respect to MEXICO.

	2015	2016	2017	2018	2019	TOTAL
<b>LEUKEMIA IN CHIAPAS**</b>	316 (1.19%)	337 (1.26%)	329 (1.21%)	419 (1.53%)	372 (1.31%)	1,773 (1.30%)

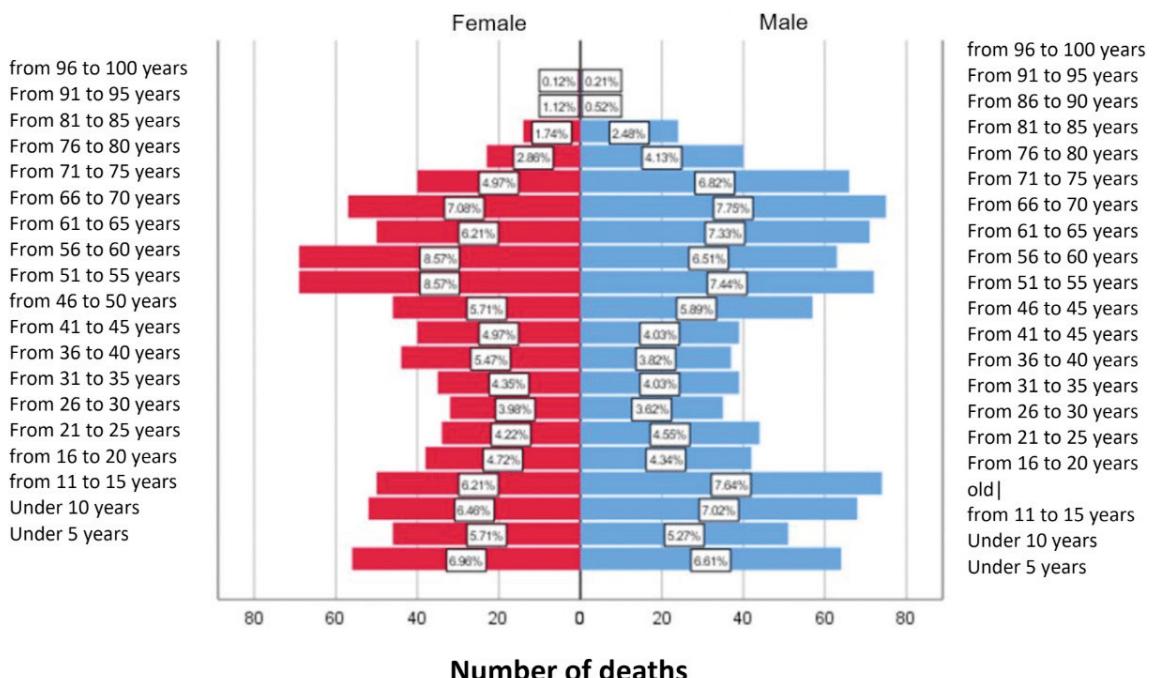
Table 2. Leukemia mortality in Chiapas.

Source: Prepared from the 2015-2019 DGIS Database.

\*\* Percentage of mortality compared to CHIAPAS.

**Figure 1. Deaths from leukemia by age group and sex**

Age groups



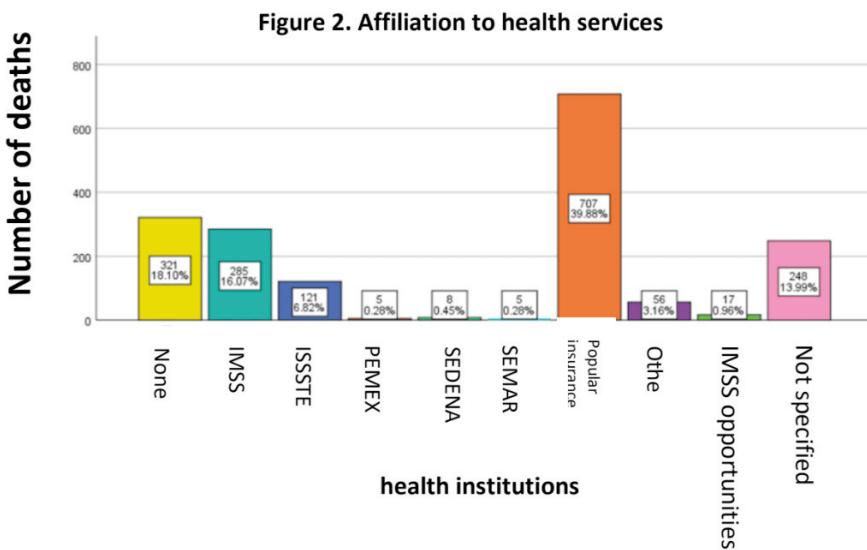
Source: Prepared from the 2015-2019 DGIS Database.

LEUKEMIA TYPE	N	%
Classic Hodgkin lymphoma with mixed cellularity	2	0.1
Hodgkin lymphoma, unspecified	90	5.1
Grade II follicular lymphoma	1	0.1
Follicular lymphoma, not otherwise specified	7	0.4
Small B-cell lymphoma	6	0.3
Mantle cell lymphoma	1	0.1
Large B-cell lymphoma (diffuse)	32	1.8
Lymphoblastic lymphoma (diffuse)	2	0.1
Burkitt's lymphoma	1	0.1
Non-follicular (diffuse) lymphoma, not otherwise specified	9	0.5
Mycosis fungoides	1	0.1
Sézary disease	1	0.1
Peripheral T-cell lymphoma not elsewhere classified	8	0.5
Other mature NK/T-cell lymphomas	4	0.2
ALK-positive anaplastic large cell lymphoma	1	0.1
Cutaneous T-cell lymphoma, unspecified	4	0.2
Mature T/NK-cell lymphoma, unspecified	2	0.1
B-cell lymphoma, not otherwise specified	8	0.5
Mediastinal large B-cell (thymic) lymphoma	1	0.1
Other specified types of non-Hodgkin lymphoma	3	0.2
Non-Hodgkin lymphoma, unspecified	289	16.3
Extranodal NK/T-cell lymphoma, nasal type	2	0.1
Blastic NK cell lymphoma	1	0.1
Angioimmunoblastic T-cell lymphoma	1	0.1
Primary Cutaneous CD30-Positive T-Cell Lymphoproliferative Disorders	1	0.1
Waldenstrom's macroglobulinemia	2	0.1
Multiple myeloma	128	7.2
Plasma cell leukemia	5	0.3
Plasmacytoma, extramedullary	1	0.1
Solitary plasmacytoma	1	0.1
Acute lymphoblastic leukemia (ALL)	510	28.8
B-cell chronic lymphocytic leukemia	31	1.7
B-cell prolymphocytic leukemia	1	0.1
Adult T-cell leukemia/lymphoma (HTLV-1 associated)	3	0.2
Lymphoid leukemia, not otherwise specified	21	1.2
Acute myeloblastic leukemia (LMA)	149	8.4
Chronic myeloid leukemia (CML), BCR/ABL-positive	45	2.5
Myeloid sarcoma	2	0.1
Acute Promyelocytic Leukemia (APL)	15	0.8
Acute myelomonocytic leukemia	6	0.3
Acute myeloid leukemia with multilineage dysplasia	1	0.1
Myeloid leukemia, not otherwise specified	27	1.5
Acute monocytic/monoblastic leukemia	3	0.2
Chronic myelomonocytic leukemia	1	0.1

Acute erythroid leukemia	1	0.1
Acute megakaryoblastic leukemia	6	0.3
Other specified leukemias	1	0.1
Acute leukemia, cells of unspecified type	58	3.3
Chronic leukemia, cells of unspecified type	9	0.5
Other cell leukemias of unspecified type	3	0.2
Leukemia, unspecified	252	14.2
Malignant neoplasm of lymphatic, hematopoietic and related tissues, not otherwise specified	13	0.7
<b>TOTAL</b>	<b>1,773</b>	<b>100</b>

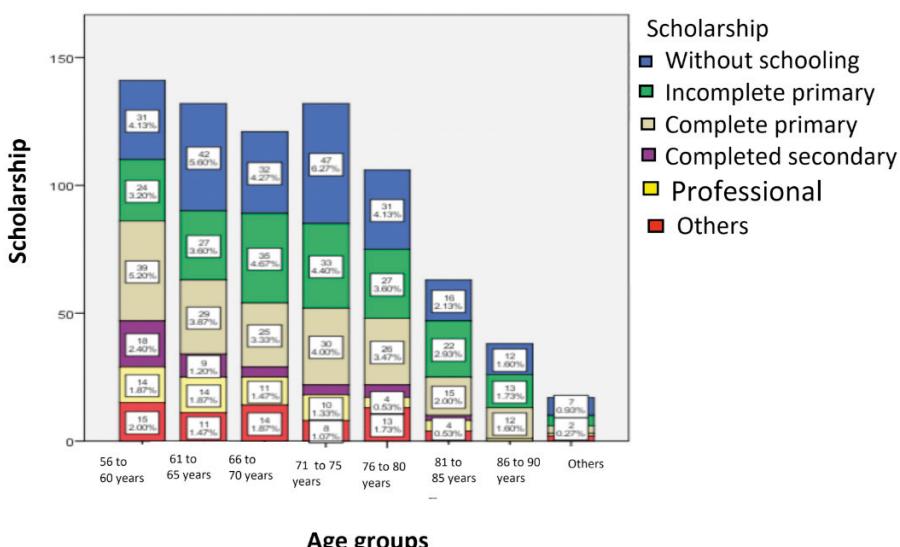
Table 3. Types of leukemias as cause of death in Chiapas in the period 2015-2019

Source: Prepared from Database - 2015-2019 DGIS.



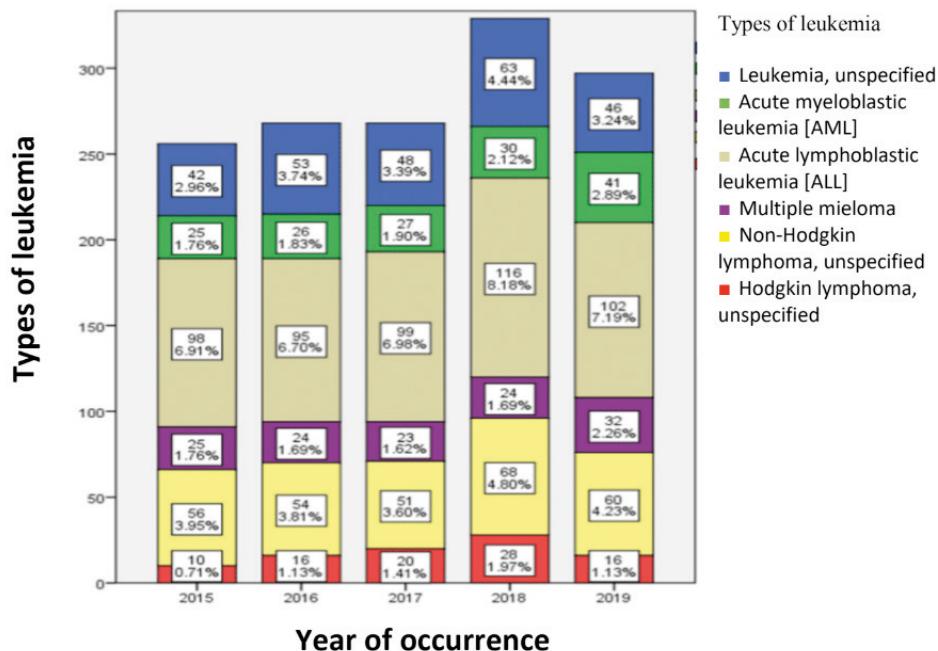
Source: Prepared from Database - 2015-2019 DGIS.

**Figure 3. Education of the deceased over 56 years of age**



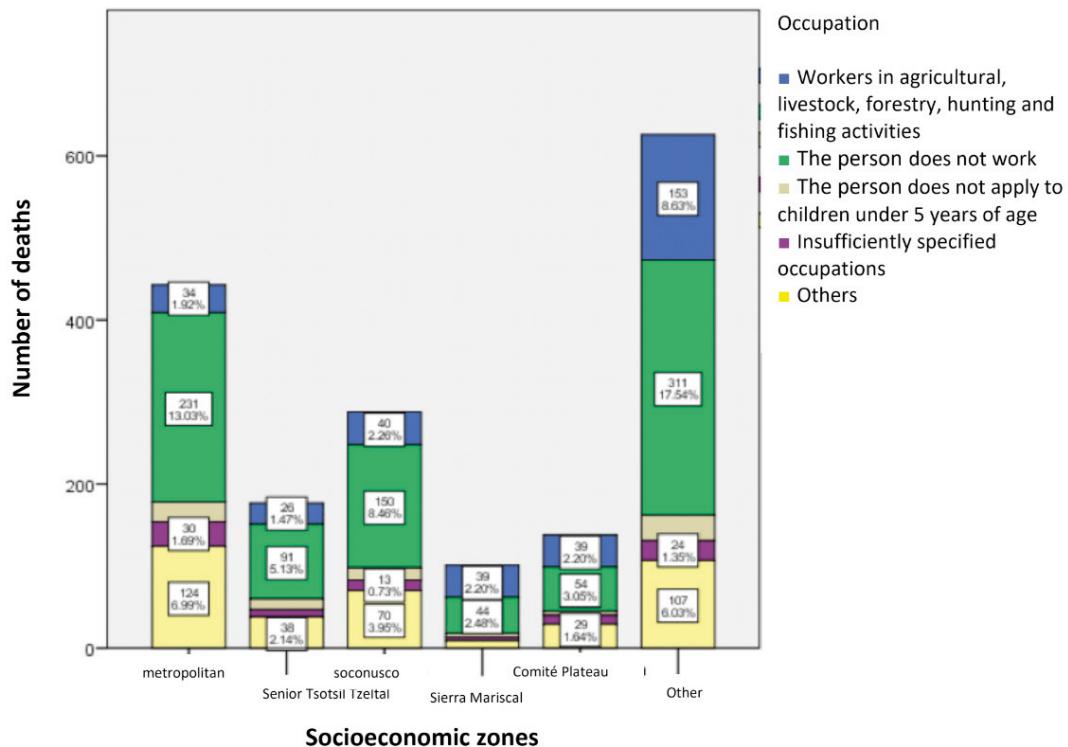
Source: Prepared from the 2015-2019 Database - DGIS.

**Figure 4. Deaths by type of leukemia and year of occurrence**



Source: Prepared from Database - 2015-2019 DGIS.

**Figure 5. Mortality according to socioeconomic zones and occupation**



Source: Prepared from the 2015-2019 Database - DGIS.

occupations” and “workers in agricultural, livestock, forestry, hunting and fishing activities”.

## DISCUSSION

At the state level, mortality from leukemia has increased, an increase in reported cases was observed in 2018 in relation to the period studied, however, no information was found to determine the cause.

In studies carried out worldwide, mortality from leukemia predominated in men (Bray et al., 2018; Fitzmaurice, 2018; Jung, 2014; Li, B., 2020) as well as in countries of the Americas and the state of Chiapas, Mexico (Siegel, 2017; Gouveia, 2020).

Regarding the most frequent types of leukemia, ALL ranks first in Chiapas, which differs from the studies carried out globally in the general population in 2018 by Bray et al. and Fitzmaurice, where the corresponding reports do not mention it as one of the most frequent.

Regarding age, an increase in mortality was observed from the age of 56, which coincides with a similar study carried out in Brazil in the general population during the period 2010-2016, where a progressive increase in mortality rates was found with the advancement of age in both sexes, especially in those over 60 years of age (Gouveia, 2020). Similarly, in a study reported in a rural population in China, mortality from leukemia presented a

statistically significant increase in men aged 55 to 74 years during 2003-2017. (Li, B., 2020)

Leuraud et al., (2015, cited in Hernández and Pernalete, 2017) in a study made up of 297 workers in France, the United Kingdom and the United States, demonstrated that prolonged exposure to low doses of ionizing radiation can cause leukemia, lymphoma, myeloma multiplex and mortality in adults who are exposed to radiation at work. Bispo et al., (2019) also mentioned that exposure to ionizing radiation in nuclear workers and radiologists increases mortality from leukemia, as well as occupational exposure to formaldehyde, a chemical used in many construction materials, household products, and industrial disinfectants. This contrasts with what was found in the present study where most of the registered deaths reported “not working”, it is unknown if they had work due to the disease itself, that is, due to the disabling nature of the morbid process. Followed by “other occupations” and lastly “workers in agricultural, livestock, forestry, hunting and fishing activities”.

## FINAL COMMENTS

The present analysis reports mortality frequencies and associated socioeconomic factors in the Chiapas population; however, some data may be altered due to underreporting problems in the database of the General Directorate of Health Information.

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