

PSYCHOLOGICAL APPROACH IN POST- BARIATRIC PLASTIC SURGERY

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Abstract: The importance of a complete evaluation of the psycho-emotional profile of candidates for post-bariatric body contouring surgery, since obesity is closely related to psychic disorders that may not have been resolved after weight loss. Highlighting the importance of follow-up by a multidisciplinary team as a standard care protocol. **Goal:** To understand how psychic conditions influence the operative planning of body contour in patients with great weight loss after surgery bariatric. **Method:** A big search in the LILACS database, Ovid and MEDLINE/PubMed, in many different languages to increase content caught. The publications had the importance of their contribution assessed by the level of scientific evidence. **Literature review:** Studies demonstrate that among the most serious diseases that may be present, bipolar disorders, obsession compulsive and schizophrenia are worth mentioning. In addition, the findings by Guisado et al. demonstrated that post-bariatric patients, in the face of psychological disorders, have more behavior disorders feed when compared to the psychologically most stable, uncontrolled binge eating is the most frequently mentioned in the literature, with an incidence that can vary between 50% and 5% in the post-bariatric population. **Conclusion:** To highlight the importance of institutional and interdisciplinary follow-up for patients who are candidates for post

bariatric body contouring, in an attempt to identify a possible, disturb psychological.

Keywords: Post-bariatric; psychological; plastic surgery.

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