

What's the difference?

DURING

during + noun

To state WHEN something happens

The students were quiet during the lecture.

The fans were cheering during the game.

FOR

for + length of time

To state HOW LONG something happens

You've been studying for three hours!

We waited in line for a long time.

WHILE

while + subject + verb

To talk about two things that are happening at the same time

The dog was barking while I was trying to sleep.