What's the Difference? Adjectives with -ed vs. -ing

describes a person's own feelings

- ed

bored confused

interested

excited surprised

This lesson is difficult. I am confused! Kate had nothing to do; she was very bored.



describes a situation, a thing, or a person that CAUSES the feelings

boring confusing

interesting

exciting surprising

This lecture is very confusing. I don't understand.



The movie was so boring that Jim nearly fell asleep.