

# Using Methods to Shape the Way We Teach

Webinar #1 in the series

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### Introduction to Webinar Series

- Using Methods to Shape the Way We Teach
- 5 Sessions 2 weeks apart with pre-reading, reflection questions and follow-up discussion.
- Ning for readings, reflection and discussions
- Vidcasts beginning in September, after the webinars
- Questions along the way? Post on Ning.



### Why Methods?

- Best teaching practices usually have roots in a method or combination of methods.
- For many teachers, methods provide grounding in principles of teaching and learning.
- Teacher training programs typically have a methods course or courses.



## The work of Language Teaching

- The teaching of any subject is an act that is mental, social, physical, emotional, practical, behavioral, experiential, historical, cultural, spiritual and personal.
- Language teaching is even more complex to include views on the nature of language, of language teaching and learning plus the overarching sociocultural context. (Adamson 2004).



## A Study of Methods

- A foil for reflection
- Becoming clear on where we stand give us the power of choice
- Methods are part of the knowledge base of teachers.
- Importance of interacting with other's views to gain greater clarity
- Methods help us to expand our set of techniques.



### A Criticism of Methods

- They are "prescriptions".
- Can give the impression of looking for one "best method"
- Teachers don't use methods when planning.
- Methods don't explain what actually happens in classrooms.
- Methods come in and out of "style".

## Thought in action links



- Methods link thought and action.
- The word "thought" is meant to include beliefs, attitudes, values and awarenesses.
- This linkage is crucial from an educational standpoint.

### Which method is best?



- Is this a question worth considering?
- If so, why?
- If not, why not?
- What is the question that we really wish to focus on?



### Doubting game and Believing game

- Peter Elbow
- What does it mean to play the doubting game?
- How about the believing game?



### Reflect and discuss

- What do you think of when you hear the word "method"? Why?
- What are the methods that were used when you first started studying English?
- What other methods have you encountered in your studies?
- Is there a method that you prefer?



### Affective factors in language learning

- Why focus on affective factors?
- Think about a personal experience either recent or in the past – where you learned something new.
- What feelings do you recall as you began that learning process?

## Why affect?



- Affect and cognition go hand in hand in learning.
- In traditional education, thought or cognition tends to be privileged over feelings.
- "Whole person" learning
- "Habits of mind" and "Habits of being"
- J. Dewey, J. Heron, D. Kolb, J. Mezirow

### Affective filter



Performance anxiety

Feelings of anxiety, shame, fear impede

learning





## Methods that address the affective domain of language learning

Techniques and Principles



## Community Language Learning

- Also known as Counseling-Learning
- Charles Curran
- 1970's
- Whole-person learning



## Underlying principles

- Importance of relationship between teachers and students
- Students must feel secure in order to learn.
- Feelings about learning are acknowledged.
- Students' native language can be used.
- Reflection on learning process is important
- Language is used for communication.



### Some practices for CLL/CL

- Recording of teacher-guided student conversations
- Use of transcription of conversations
- Active listening
- Small group games and tasks



## Trying it out

- Which principles do you agree with and why?
- Which principles do you question and why?
- Which practices can you imagine using in your classrooms?
- Make a commitment to try out one new practice in your classes soon.



### Adaptations

- How can a teacher incorporate parts of Community Language Learning/Counseling Learning in to their teaching without taking on the entire method?
- Some examples



### Desuggestopedia

- Formerly known as Suggestopedia
- Georgi Lozanov
- Contributions made by Evelina Gateva
- 1970's
- Reflects a belief in an enormous human capacity for learning



## Underlying principles

- Power of suggestion and desuggestion
- Peripheral learning
- Role of teacher authority in increasing trust
- Combining arts with language engages both hemispheres of the brain.
- Learning should be joyful and "easy".





- Classroom set-up
- Peripheral learning
- Positive suggestion
- Choose a new identity
- Role play
- "Concerts"
- Role of sleep in learning



## Trying it out

- Which principles do you agree with and why?
- Which principles do you question and why?
- Which practices can you imagine using in your classrooms?
- Make a commitment to try out one new practice in your classes soon.





- How can a teacher incorporate parts of Desuggestopedia in to their teaching without taking on the entire method?
- Some examples

### Review of the Webinar



- Why methods are helpful in shaping the way we teach
- A look at how affect influences learning
- Two methods that deal with affect, CLL and Desuggestopedia
- An invitation to explore the principles and try out the techniques in your own classes

### Wrap up



- Thank you for your presence and participation!
- See you on Ning where the discussion will continue.



### We'll be together again...

• 27 July 2011 – same time, same place